

# St. Mary School



# Cross Country

Summer & Fall of 2023

Grades: Boys & Girls 5th-8th

*\*Please note, league rules state the Middle School team be composed of 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> grade students.*

**Students in grades 6-8 will need a physical completed before they can participate. (not required for 5<sup>th</sup> grade)**

If anyone is interested in participating in the revival of the St. Mary School Cross Country Team, please fill out the form below. The form needs to be turned in school no later than **Wednesday, September 20, 2023.**

Practices will be held Tuesday's & Thursday's beginning September 26<sup>th</sup> after school.

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St. Mary School Cross Country 2023

I am interested in participating in Cross Country. Please return this form to school no later than September 20, 2023.

Student Name: \_\_\_\_\_

Grade (Fall 2023) \_\_\_\_\_

Parent Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Parent Email: \_\_\_\_\_